

1. Text number	Ds 262																								
2. Text title (where present) in Tibetan	༄༅། །ଆନ୍ତିଦ୍ୟାର୍ଥପଦସମ୍ବ୍ରାଣ୍ତି॥																								
3. Text title (where present) in Wylie transliteration	A khrid gsol 'debs bz hugs+ho/																								
4. A brief summary of the item's contents	Contemplating the impermanence of the External World and Internal Life, and prayers for the blessings of the meditation deity and lineage masters with a view to attaining enlightenment.																								
5. Number of folios	5																								
6. Scribe's name																									
7. Translation of title	Prayer for contemplating impermanence according to the A khrid rdzogs chen system																								
8. Transcription of colophon	smar ro/ u...pod/ bkra shis s+ho/																								
9. Translation of colophon	Good indeed... blessings.																								
10. General remarks	<p>The text is incomplete. The prayer text contains details about how the A khrid teaching lineage was transmitted into the Ya ngal family from Central Tibet. This information is complemented by the contents of the text Drangsang 270 in the same collection.</p> <table border="1"> <thead> <tr> <th>...</th> <th></th> <th></th> </tr> </thead> <tbody> <tr> <td>1</td> <td>sPa ston bstan rgyal bzang po</td> <td>Gangs ri mtsho gsum gyi sgrub gnas</td> </tr> <tr> <td>2</td> <td>Khro bo rgyal mtshan</td> <td>La phug dpal monastery</td> </tr> <tr> <td>3</td> <td>mNyam med bKra shis rgyal mtshan (1356-1415)</td> <td></td> </tr> <tr> <td>4</td> <td>Nyag sgom Tshul khrims rgyal mtshan</td> <td>Dang ra</td> </tr> <tr> <td>5</td> <td>Slob dpon bsTan pa 'od zer</td> <td>Bon ri</td> </tr> <tr> <td>6</td> <td><b>mKhas btsun sMon lam rgyal mtshan</b></td> <td><b>bDe ldan bsam gtan gling</b></td> </tr> <tr> <td>7</td> <td><b>rNam mkhyen Nyi ma rgyal mtshan</b></td> <td><b>Shel gyi ri bo</b></td> </tr> </tbody> </table>	...			1	sPa ston bstan rgyal bzang po	Gangs ri mtsho gsum gyi sgrub gnas	2	Khro bo rgyal mtshan	La phug dpal monastery	3	mNyam med bKra shis rgyal mtshan (1356-1415)		4	Nyag sgom Tshul khrims rgyal mtshan	Dang ra	5	Slob dpon bsTan pa 'od zer	Bon ri	6	<b>mKhas btsun sMon lam rgyal mtshan</b>	<b>bDe ldan bsam gtan gling</b>	7	<b>rNam mkhyen Nyi ma rgyal mtshan</b>	<b>Shel gyi ri bo</b>
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11. Remarks on script	<i>dpe tshugs</i>																								
12. Format	Loose leaves																								
13. Size	8.2 × 29.5 cm																								
14. Layout																									
15. Illustrations and decorations																									
16. Paper type	Woven, ply, smooth																								
17. Paper thickness	0.18–0.25 mm																								
18. Nos of folio sampled	f. 1 right side margin																								
19. Fibre analysis																									
20. AMS <sup>14</sup> C dating																									
21. XRF analysis																									
22. RTI																									
23. GCMS																									