

1. Text number	Ds 290
2. Text title (where present) in Tibetan	No title
3. Text title (where present) in Wylie transliteration	
4. A brief summary of the item's contents	At the moment of death, the teaching involves explaining the sequential loss of sensory abilities through the five senses and the mind. It ultimately outlines the destruction of the physical body by the elements of earth, fire, wind, and water. The purpose is to advise the dying individual not to harbour attachments or desires for this world, wealth, home, and family. The aim is to attain spiritual liberation.
5. Number of folios	2
6. Scribe's name	None
7. Translation of title	
8. Transcription of colophon	'byung 'jug rdzogs so/ dge zhing bkra shis shog/ chags zhen med par blo yis thong par shog/
9. Translation of colophon	The destruction of the world which is composed of elements has come to an end. May there be virtue and good auspices. May there be no greed or attachment to worldly affairs, and may all be able to let go.
10. General remarks	
11. Remarks on script	<i>dpe tshugs, 'khyug ma tshugs</i>
12. Format	Loose leaves
13. Size	8.5 × 30.5 cm
14. Layout	
15. Illustrations and decorations	
16. Paper type	
17. Paper thickness	0.13–0.17 mm
18. Nos of folio sampled	
19. Fibre analysis	
20. AMS ¹⁴ C dating	
21. XRF analysis	
22. RTI	
23. GCMS	